Biorythms   three times for instructions)

Enter name below:

Ben Dover	Month	Day	Year (2 Digit)
Birthdate:	4.00000	6.00000	53.00000

	Month	Day	Year (2 Digit)
Starting Biorythm Date:	11.00000	1.00000	91.00000

(** Indicates CRITICAL Day)

Physical	Emotional	Intellectual	C
-0.136	0.782	-0.541	0.021
-0.398	0.901	-0.372	0.026
-0.631	0.975	-0.189	0.031
-0.817	1.000	0.000	0.037
-0.942	0.975	0.189	0.044
-0.998	0.901	0.372	0.055
-0.979	0.782	0.541	0.069
-0.888	0.623	0.690	0.085
-0.731	0.434	0.815	0.104
-0.520	0.223	0.910	0.123
-0.270	0.000	0.972	0.140
0.000	-0.223	0.999	0.155
0.270	-0.434	0.990	0.165
0.520	-0.623	0.945	0.168
0.731	-0.782	0.866	0.163
0.888	-0.901	0.756	0.149
0.979	-0.975	0.618	0.124
0.998	-1.000	0.458	0.091
0.942	-0.975	0.282	0.050
0.817	-0.901	0.095	0.002
0.631	-0.782	-0.095	-0.049
0.398	-0.623	-0.282	-0.101
0.136	-0.434	-0.458	-0.151
-0.136	-0.223	-0.618	-0.195
-0.398	0.000	-0.756	-0.231
-0.631	0.223	-0.866	-0.255
-0.817	0.434	-0.945	-0.266

-0.942	0.623	-0.990	-0.262
-0.998	0.782	-0.999	-0.243
-0.979	0.901	-0.972	-0.210
-0.888	0.975	-0.910	-0.165

Instructions:

dsheet biorythm, key your name into space
your birthdate into cells c4,d4, and e4
nth, day, year, where the month is a number
day is any valid day of that month, and the
an be from 1900 through 1999.

for your desired biorythm into cells c7, d7
e format. Then recalculate the spreadsheet.
s for the next 31 days will be displayed.

e three cycles presented are:
P- Physical - 23 day cycle
- Emotional - 28 day cycle
- Intellectual - 33 day cycle

ress F10 to see your Chart.

Birthdate		0
4/6/53		1
		2
Start Date		3
12/30/99		4
		5
		6
		7
		8
Start Date		9
33543	1	10
33544	2	11
33545	3	12
33546	4	13
33547	5	14
33548	6	15
33549	7	16
33550	8	17
33551	9	18
33552	10	19
33553	11	20
33554	12	21
33555	13	22
33556	14	23
33557	15	24
33558	16	25
33559	17	26
33560	18	27
33561	19	28
33562	20	29
33563	21	30
33564	22	31
33565	23	32
33566	24	33
33567	25	
33568	26	
33569	27	

33570	28
33571	29
33572	30
33573	1

Sine lookup table

P	E	I
0.00000	0.00000	0.00000
0.26980	0.22252	0.18925
0.51958	0.43388	0.37166
0.73084	0.62349	0.54064
0.88789	0.78183	0.69008
0.97908	0.90097	0.81458
0.99767	0.97493	0.90963
0.94226	1.00000	0.97181
0.81697	0.97493	0.99887
0.63109	0.90097	0.98982
0.39840	0.78183	0.94500
0.13617	0.62349	0.86603
-0.13617	0.43388	0.75575
-0.39840	0.22252	0.61816
-0.63109	0.00000	0.45823
-0.81697	-0.22252	0.28173
-0.94226	-0.43388	0.09506
-0.99767	-0.62349	-0.09506
-0.97908	-0.78183	-0.28173
-0.88789	-0.90097	-0.45823
-0.73084	-0.97493	-0.61816
-0.51958	-1.00000	-0.75575
-0.26980	-0.97493	-0.86603
0.00000	-0.90097	-0.94500
	-0.78183	-0.98982
	-0.62349	-0.99887
	-0.43388	-0.97181
	-0.22252	-0.90963
	0.00000	-0.81458
		-0.69008
		-0.54064
		-0.37166
		-0.18925
		0.00000